### **Wilkinson Primary**

# OUR SCHOOL MEALS ARE THE SEVENTH LESSON OF THE DAY!

Did you know choosing our meals will support your child's learning in the classroom, and will teach them how to make healthy choices

For the new school year in conjunction with the kitchen staff, we have created a brand-new menu packed with dishes that we know your child will enjoy. Our catering teams understand what children like to eat. They will get to know your child over their time at school, and will encourage him/her to try new foods and make sure they have a meal they will want to eat.

It is important that **children get the right nutrients to help them learn and thrive in the classroom.** They will learn the importance of **good nutrition** and making **healthy choices** through activities and theme days.

We look forward to taking your child on our food journey.

## **Lunchtime Term Dates**

Week I	Week 2	Week 3
01.09.25	08.09.25	15.09.25
22.09.25	29.09.25	06.10.25
13.10.25	20.10.25	03.11.25
10.11.25	17.11.25	24.11.25
01.12.25	08.12.25	15.12.25
05.01.26	12.01.26	19.01.26
26.01.26	02.02.26	09.02.26
23.02.26	02.03.26	13.04.26
16.03.26	23.03.26	04.05.26
20.04.26	27.04.26	01.06.26
11.05.26	18.05.26	22.06.26
08.06.26	15.06.26	13.07.26
29.06.26	06.07.26	
20.07.26		



INVESTORS IN PEOPLE"
We invest in people Silver



## **FREE School Meals**

# Did you know meals are still free for Reception, Y1 & Y2?

Under the Government's Universal Infant Free School Meal (UIFSM) scheme, all children in Reception, Years 1 and 2 can enjoy school meals during term-time for free, regardless of their family's financial circumstances. You do not need to register for UIFSM. Your child's school may ask if your child will be taking meals so that they can make the necessary arrangements.

#### Your older children could be entitled too!

If you are in receipt of certain benefits or have a household income below the threshold, your entitlement will continue into Year 3 and beyond.

To check if you are eligible please visit: www.wolverhampton.gov.uk/freeschoolmeals

Or ask at your child's school how to apply.

# **School meal pricing**

If you pay for meals, prices are set by each school, they will let you know how much they are and how you need to pay for them. Our meals always provide excellent value for money for a 2-course meal with a drink.





St. George's



We have a **brand new themed calendar** that will not only bring **fun**into the dining rooms, but will **introduce your child to new tastes and flavours.** 

Keep an eye out at your child's school for related dates and menus!

# **Food Allergies and intolerances**

Some of our menu items contain allergens. Peanuts and nuts are also classed as allergens, but these are not used in our menu.

Our professional and dedicated catering team are able to provide details of the 14 food allergens on request. We cater for medically diagnosed food allergies and intolerances by working with dieticians at New Cross Hospital. **We want no child to be excluded from choosing our great school lunches.** 

#### For more information on special diets:

Visit: www.wolverhampton.gov.uk/catering

Call: 01902 555223

Email: cateringcleaning@wolverhampton.gov.uk

# Our staff are parents too!

Don't worry if your child is starting school for the first time or is new to school meals, our staff are parents too. They know all there is about fussy eaters and how to get children to eat a good balanced meal. They will make sure your child never goes hungry. If you have any concerns, please ask to speak to the catering team.

# We only put good things into our menus!

We endeavour to use as many local suppliers as possible to reduce food miles and support the local economy. And look to source certified British and sustainable ingredients for our menu.

- Catering Services Primary Menu holds the Bronze Food for Life Award
- All meat products used in our menus are British Red Tractor or Farm Assured Certified.
- We only use Free Range Eggs from local suppliers.
- All the fish on our menu is from sustainable stock.









# \* SCHOOL MEALS MENU \* 2025-26 \*

Look through our new menu, not only will it make a difference to your child's learning and development, but it will also make a difference to the planet!



#### **Meat Free** Monday

# Tuesday

#### Wednesday **Thursday**

# Friday

#### **Cheese & Potato Pie** & Baked Beans V

#### Meatball Marinara VE

Pasta Twists Mixed Salad Green Beans

Jacket with Beans or Tuna

Chocolate Brownie

#### Quorn Beef Burrito 🚺

Margerita Pizza V

or Pepperoni Pizza

Sweetcorn Mixed Salad

Jacket with Cheese

Strawberry Mousse Tart

**Roast Chicken with** Yorkshire Pudding

#### Quorn Beef Pie V

Roast Potatoes Carrots Broccoli

Jacket with Cheese or Tuna

Shortbread & Custard

**Sausages and Gravy** 

#### Shepherdess Pie V

Creamed Potatoes with Peas Baked Beans

Jacket with Beans or Cheese

Ice Cream

Fish & Chips

#### Sausage and Bean Melt & Chips V

Bread & Butter Peas or Sweetcorn

Jacket With Beans or Cheese

Chocolate Cookie

Week Week 2

#### Meat Free Sausage Roll VE

#### **Quorn Butter Chicken V**

**Creamed Potatoes** Basmati Rice **Broccoli Carrots** 

Jacket with Cheese

Lemon Drizzle Sponge & Custard

**Build A Burger** 

#### Southern Fried Chicken Burger V

Potato Wedges Baked Beans Sweetcorn

> Jacket with Cheese or Beans

> > Jelly & Fruit

Pizza Topped Chicken

#### Pizza Pasta V

**Potato Crunchies** Sweetcorn Mixed Salad

Jacket with Cheese or Tuna

Chocolate Orange Sponge & Custard or Fruit Salad

Shredded Pork in **Gravy with Yorkshire Pudding** 

#### **Quorn Sausage V**

**Creamed Potatoes** Cauliflower Green Beans

Jacket with Cheese

Vanilla Cookie

Fish Fingers & Chips\*

#### **Quorn Nuggets & Chips VE**

Bread & Butter Peas or Baked Beans

Jacket with Beans or Cheese

Ice Cream

Help Our Planet!

## Margarita Pizza V

#### Vegetable Lasagne V

Potato Wedges Baked Beans Sweetcorn

Jacket with Beans or Cheese

**Chicken Curry & Rice** 

#### Smoky Meatball Traybake V

Rice Green Beans Mixed Salad

Jacket with Cheese or Beans

Jelly and Fruit

Strong bones

**Roast Chicken** with Yorkshire Pudding

#### **Ouorn Fillet** with Yorkshire Pudding V

**Roast Potatoes** Peas Carrots

Jacket with Cheese or Tuna

**Beef Bolognaise** 

#### Sweet & Sour Chicken V

Pasta Twists Basmati Rice Carrots Broccoli

Jackets with Tuna or Cheese

Double Choc Delight

Fish & Chips\*

#### **Cheese & Onion Swirls** and Chips V

**Bread & Butter** Sweetcorn Baked Beans

Jacket with Cheese or Beans

Ice Cream

Jammie Flapjacks & Custard

Eat a Rainbow

Iced Sponge and Custard

